# Montgomery County Wellness Program



# HealthStat Clinic

Vickie Warden Nurse Practitioner

## BY APPOINTMENT ONLY

http://appointmentquest.com/provider/2080043538
For appointment assistance call HR at 394-2007

Clinic Hours
Tuesdays 9:00 am - 3:00 pm
Wednesdays 7:30 am - 1:30 pm

New Hours Effective 9/2011

FREE to employees and retirees (on the County's health plan) who have completed their annual health risk assessment and follow-up visit.

#### **CLINIC FEATURES:**

Some Immunizations, (i.e. flu & allergy shots)
Assessment results review (blood draw required)
Medical/Coaching advice
Episodic care
Prescriptions written
Diabetic foot care

Want to learn how to get fit and stay active?
Need nutritional advice?
Are you Diabetic and need AIC lab work?
Concerned about you health stats and what they mean?
Need to lower your blood pressure or cholesterol?
Males 40+ should have a PSA test annually.
Are you feeling sluggish, tired or depressed?
Have you had your Vitamin D checked lately?

Need medical advice?

Feeling sick?

Want to quit smoking?
Need a prescription refilled?

Don't have a family doctor?



### The Clinic saves you money in many ways:

- \* use less sick and vacation days
- \* save money on co-pays and co-insurances
- \* save money for your lab and blood work
- \* faster appointments; easy accessibility
- \* coordination of care with your primary doctor